

A LITTLE BOOK OF
POWER PRAYERS



LINDA MULLEN

PRAYING AND DECLARING THE WILL OF GOD

A Little Book of Power Prayers

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Linda Mullen

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DEDICATION

Pam Risto, partner in prayer.

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1 What Is A Prayer

I looked up the word “pray” in a word study guide and I really liked the definition. It said that to pray is to “exchange wishes.” I tell God my wishes and He tells me His.

Sometimes we think that prayer is only asking. We think we’re down here and God is up there. Under certain rules and guidelines, we can go “up there” and ask for something. Then we return “down here” and wonder if He will do what we asked. That’s very boring and impersonal. It is also very wrong.

When Jesus invaded time and came to earth, He showed us that He is all in for us. He left heaven, and riches, and honor to become our door to eternity. When we give ourselves completely to Him, the miracle of becoming “one” happens. We are now together. He comes and lives in us. Jesus did this because He wants

more than an occasional visit when we need something. He wants us to live life together with Him.

Jesus answered and said to him, "If anyone loves Me, he will follow My word; and My Father will love him, and We will come to him and make Our dwelling with him. John 14:23

And this is eternal life, that they may know You, the only true God, and Jesus Christ whom You have sent. John 17:3

What if we began to think of prayer as a private connection where we exchange wishes with the God of the entire universe? You ask Him to help you. He asks you to help Him. Together you bring His perfect will into your life and the lives of those around you. Isn't that what Jesus was saying when He taught His disciples to pray "Thy kingdom come, Thy will be done on earth as it is in heaven?" (Matthew 6:10)

Listening and Declaring the Word of God

When we pray according to the Word of God, we are aligning ourselves with His perfect will and praying the prayer of agreement. We can pray a scripture exactly as it is written, or use our own words.

The key to prayer is listening to the Lord and then praying over the matter according to His will. We start

by asking Jesus to teach us how to hear His voice. Remember that when He speaks, it is always life-giving and it agrees with His written Word. This listening and declaring is the circle that keeps us connected to the Lord, discovering His will, and finding the best way to pray. We pray together with Him.

Together we change the world.

That's prayer.

2 Meeting with God

This is a simple moment with the Lord.

Sit quietly, close your eyes, and picture yourself opening your heart to the Lord. At first, I didn't feel safe enough to completely open my heart to the Lord, so I did the best I could.

Give Him permission to take anything out and put anything in.

Then just sit for a few minutes.

You may or may not hear or sense anything, but trust God will honor your request.

This little exercise is a painless and life-changing practice for me. I marvel at the changes God brings because I give Him access to my heart.

NOTE: It doesn't need to be anything specific. It is a time of exchange between you and Jesus. If you are in a stuck place, you can make it specific. For example, "Lord, I open my heart to you. I'm having a problem with jealousy. Please take this out of my heart and replace it with something of your choosing." Sometimes the Lord will show you something. If He does, "Thank You! I receive it!"

NOTE 2: This is a great exercise to teach children. It is so simple and helps them connect with the Lord.

3 Breaking the Strongholds for A Loved One

In the name of Jesus Christ, I take all power over the strong man and I loose his hold on everything he has ever stolen from *John* (*insert name*). I rebuke the work of the devil and loose the power and effects of every deception, device, and influence he wants to bring against John.

I further declare that every assignment, curse, or ungodly platform designed to cause harm to *John* falls to the ground as dust without power or ability to affect him in any way. I ask Jesus to send out the hosts of heaven to do warfare on behalf of *John*. These hosts are ministering angels of God for the body of Christ and I with Jesus, release them to do the work of the gospel in *John*'s.

In the name of Jesus Christ, I bind *John*'s spirit, soul, and body to the will and the purposes of God for his life. I bind to him an awareness of the power of the blood of Jesus working in his life every day.

I bind his mind to the mind of Christ so he can have the thoughts, purposes, and feelings of Jesus's heart inside of him. I bind his feet to the paths that Jesus has ordained for him, so that his steps are strong and steady.

I bind him to the work of the cross with all of its mercy, truth, love, power, forgiveness, and dying to self.

I further call *John* out of darkness into God's glorious light and declare that he is destined for the Kingdom of Heaven.

Lord Jesus, I thank you for the power of your Word and the authority you give us to use this sword of your Spirit against our enemies. I thank you that you sent your Word to bring liberty to the prisoners and set the captives free.

References:

1 Corinthians 2:16

1 Peter 2:9

Matthew 18:18

Luke 4:18

4 Breaking My Strongholds

In the name of Jesus Christ, I bind my body, soul, and spirit to the will and purposed of God. I bind myself to the truth of God. I bind myself to an awareness of the power of the blood of Jesus working in my life every day. I bind my mind to the mind of Christ that I can have the thoughts, purposes and feelings of his heart in me. I bind my feet to the paths you have ordained for me to walk God that my steps will be strong and steady. I bind myself to the work of the cross with all of its mercy, truth, love, power, forgiveness, and dying to self.

In the name of Jesus Christ, I bind the strong man and I loose his hold on everything he has ever stolen from me. I rebuke his works and loose the power and effects of every deception, device and influence he wants to bring against me.

Lord, I repent of having wrong attitudes and thoughts, I renounce them now and ask your forgiveness. I loose every old, wrong pattern of thinking, attitude, idea, desire, belief, habit and behavior that may still be working in me. I tear down, trash, smash and destroy every stronghold I have erected to protect them. I bind myself to the attitudes and patterns of Jesus Christ. I bind myself to the overcoming behavior and spiritual desires that line up with the fruit of the Holy Spirit.

Father, I loose any stronghold in my life protecting wrong feelings I have against anyone. Forgive me as I forgive those who have cause me pain, loss or grief. I loose any desire for retribution or redress. In the name of Jesus, I loose the power and effects of any harsh or hard words (word curses) spoken about me, to me or by me. I loose any strongholds connected with them. I loose all generational bondages and their strongholds from myself. Thank you, Jesus, that you have promised whatsoever I bind and loose on earth will be bound and loosed in heaven. Amen.

From the book, Shattering Your Strongholds, Liberty Savard.

5 Cleansing My Soul

First Declaration

Father whatever is in my life, whatever deposits were made in my soul, if it is not from You, I don't want it there. Father, I desire to be set free from any darkness in my soul. If I made wrong choices, today it is made right. There is therefore now no condemnation to those who are in Christ Jesus.

Loose

Father, I am Your child. As an act of my will I choose to loose all darkness, all anxiety, all fear, all depression, all offense, all unforgiveness, all trauma. I loose any part of the enemy regardless of how it got there, any witchcraft, any addiction whether it is to a person, a place or a thing. I loose it from my soul. Leave my soul NOW in Jesus name!

Call Back

Father as an act of my will I choose to call back any layers of my soul that I gave away to a person, place or thing that was not You. I call back that part of myself that I gave to any darkness. Right now, come back in Jesus name. **COME BACK NOW!**

Receive (binding)

Father as an act of my will, so my soul will prosper, I choose for You to download into my soul, Your love, Your life, Your joy, Your presence, Your plans, Your revelation of who You are in Jesus name. I also ask You Holy Spirit for gifts that I don't know I need.

I ask for these things and I receive them. Amen!

Final Declaration

Father thank You for bringing revelation that will change my life and cause my soul to prosper. This means I will prosper and be in health. I will walk in divine health. No sickness in me, no infirmity, no handicaps. In this age, the kingdom will be established. Heaven is invading this earth, invading my home, invading my finances, invading my gifts, invading my family. Restoration is coming to me and my household. All those family members that ran from You, that laughed at You are coming home

in this season. Restoration is mine. I receive it, I declare it. It will be established unto me.

I thank You and receive it. AMEN!

6 Cutting the Ties That Bind

Truly I say to you, whatever you bind on earth shall have been bound in heaven; and whatever you loose on earth shall have been loosed in heaven. Matthew 18:18

What is a tie?

Something that links two things together, which can be a good thing (Godly) or an unhealthy thing (ungodly).

What are some good ties?

Ties that are centered on God's will, His love, and His purposes (marriage, healthy friendship).

What are some unhealthy ties?

Ties that are centered on anything ungodly, harmful, or sinful (all addictions, sickness that

becomes part of our identity, sin, unhealthy relations with others).

Prayer to break the tie

Father God, as a blood bought believer of the Lord Jesus Christ, I confess that I have an ungodly tie with (person, place, or thing). I ask for and receive forgiveness for this.

By an act of my will, I now loose and cast far from me the ungodly tie I have with this (person, place, or thing). I take back any part of myself that I gave to (person, place, or thing) and return any part of it/him/her that I took on to myself.

By the blood of Jesus, I cut the tie with (person, place, or thing) and ask You Father to separate my spirit, soul, and body completely from (person, place, or thing).

I now bind to myself the Word and Spirit of God. I ask You Holy Spirit to fill me with whatever I need to replace this unhealthy tie.

Thank You Lord!!

NOTE

If you are dealing with a specific sin or addiction, you can declare this over yourself every day until you are completely free.

Remember that we have the authority to declare, but it is the Lord that is our Healer.

Thank You Lord! I receive your healing!

Thank You Father! I ask for and receive your grace to be victorious in everything I face today!

Thank You Holy Spirit! I ask for and receive everything you have for me today!

7 Removing the Power of The Enemy to Use A Person Against Me

As a blood bought believer under the authority of the Lord Jesus Christ, I strip away all of the power of hell and the enemy operating through (person, place or thing).

I declare you can no longer use them/it in any way whatsoever as a weapon against me and you cannot use me as a weapon against them. I declare that no weapon formed against me can prosper. (Isaiah 54:17)

I bind to myself the life and love of the Lord Jesus Christ and the favor of God to surround me as a shield. (Psalm 5:12)

8 Prayer of Repentance

Lord Jesus, I really blew it!

As an act of my will, I take full responsibility for my actions and want to turn away from them. I ask You to forgive me and cleanse me from the unrighteousness of this sin. (1John 1:9)

I thank you that Your kindness for me allows me to shake off everything that is hindering me from a full, abundant life. (Romans 2:4). I ask you to help me align the words of my mouth and the meditations of my heart with Yours. (Psalm 19:14)

9 Forgiveness Tool

Do this with a safe person or do it with Jesus. Make forgiveness an event (Jesus did!) and incorporate it into your lifestyle. Use this tool each time you need to forgive—past, present, and future hurts. Do not let your feelings determine if you forgave. You may need healing of wounds.

If you have been traumatized, get help to walk through forgiveness, healing, and freedom.

1. **What happened?**

Describe the circumstance in detail verbally or in writing (if you are journaling to the Lord).

It's hard to know how to forgive if you don't know what you are forgiving.

2. **How did you feel?**

How did you really feel when this happened? Did you feel humiliated, ashamed, unloved,

betrayed, abandoned, worthless, etc?

This is a brave step because it means you need to dig under the angry response down into the real feelings. Ask Jesus to help you identify your feelings.

3. **Exchange Your Feelings and Release the Debtor**

The basic human needs are love, security, worth/value, acceptance, and adequacy. We have other feelings that come from things we believe. Ask the Lord to show you what to bring to Him, then pray something like:

Father, I forgive _____ and release _____ from the responsibility to meet my need for love, worth, etc. because it is my nature to forgive. I ask you Jesus, my Healer, to heal my feelings of _____ and show me Your truth about the situation.

After you pray this, ask Jesus if you believe a lie about yourself or about God, and then pray something like this to cut the cord that ties you to the lie:

Jesus, in Your name, I cut the cord between me and _____. I also cut the cord between me and her/his opinion of me. I release her/his and

her/his opinion of me, and send them far from me. Jesus, in Your name, I bind to myself Your opinion of me instead. Holy Spirit, I ask You to seal my heart with Your truth.

4. **Mark the Event**

Finally do some kind of action that represents the release of that person. It can be as big or small as you want it to be.

5. **Reset Your Imagination**

Finally, reset your mind to think on better things. This is where you want to replace old mental imaginings with a new vision from the Lord. Ask Him to help you. Then pray, thank Him, write it down, and declare His goodness and faithfulness each day.

10 Healing Prayer and Declaration

Lord Jesus, I thank You for the sacrifice you made and the price You paid so that I could have salvation. This salvation gift brings me forgiveness, deliverance, and healing. You were pierced for my offenses and crushed for my wrongdoings. The punishment for my well-being was laid on You and by Your wounds I am healed. (Isaiah 53:5)

Because You paid the price, I take authority over sickness, disease, or malfunction in my body or soul and command it to leave. I loose all sickness from my body and soul and bind to myself Your healing and restoration.

Lord Jesus, I recognize that You are my healer. You promised to forgive all of my iniquities and heal all of my diseases. (Psalm 103:3) I lean entirely on You and Your goodness toward me.

Lord, if there is anything that is blocking my healing, I ask you to reveal it to me. I submit myself to Your counsel, wisdom, and guidance.

Thank You, Lord. I receive the gift of healing.

Other healing scriptures

Matthew 6:10 Your kingdom come, Your will be done, on earth as it is in heaven.

Matthew 16:19 I will give you the keys of the kingdom of heaven; whatever you bind on earth will be bound in heaven, and whatever you loose on earth will be loosed in heaven.

Exodus 15:26 I am the Lord who heals you.

Remember to spend time with the Lord so that He can give you prayer strategies for healing.

11 Prayer for Finances

Lord, I need Your wisdom and Your provision.

I thank You that when I ask for wisdom, You always give it generously and without reproach. I come to you in faith and do not doubt that you will help me. (James 1:5-6). I ask now for Your great wisdom to show me how to navigate through this rough financial time.

(If my actions contributed to the situation, then I ask You to show me where I need to align myself with Your righteousness and look to Your hand of mercy to meet my needs.)

I am grateful that You promise to supply all of my needs. (Philippians 4:19). I'm asking for You to help me right now with this need. I desire that this

provision will be the first step in turning my finances completely around so that I can generously give to others as You generously give to me.

Thank You Lord! I receive Your wisdom and provision.

12 Praying for Our Country

My people who are called by My name humble themselves, and pray and seek My face, and turn from their wicked ways, then I will hear from heaven, and I will forgive their sin and will heal their land. 2 Chronicles 7:13

Repent

Father as a believer in the Lord Jesus Christ, I repent for the sins of my nation. I ask for forgiveness for any sins we have committed against You or another person. Cleanse my heart and align my desires with Yours.

Remove the darkness

Father, I declare and decree that I take authority over all the powers of darkness ruling over our government. I declare Your will and Your way will be done in America. So I say to the darkness, I strip away and nullify any power you have been using over any in leadership in the government of America. I say right

now it ends. Now I release the host of heaven to pull down the strongholds of darkness that have been built over our country. I say now it ends.

Declare the Blessings

Father I decree and declare that we are going to live heaven culture in this earth and that Your will is accomplished here just as it is in heaven. I decree it and it will be established according to Your word.

Set people free

Father I declare and decree that the blinders that have been put there by the enemy will be ripped away from all those practicing and believing in a false gods or religion. We declare they will be free to know You and become a witness to this world.

13 Personal Declarations

In the Morning

Ask for these and other things from the Godhead every morning.

Father God, I ask for Your abundant grace to be victorious in everything I face today. I thank You and receive it!

Lord Jesus, I ask for Your powerful healing to be manifested in my spirit, soul and body today. I thank You and receive it!

Holy Spirit, I ask for Your joy to be my strength today. I thank You and receive it!

Binding and Loosing

Do this whenever needed. During hard times, do it every morning and every evening before sleep.

Father God, by an act of my will, I strip my soul of all darkness, all depression, all fear, all anger, all anxiety, all lies, all bad thinking (and anything else you can think of) and I loose them from my soul NOW! And I say, “You must go now!”

Father God, I bind to my soul, Your light, Your joy, Your peace, Your understanding (and anything else you can think of). I receive them now!

Thank you Father for Your powerful life.

Taking Authority

As a blood bought believer under the authority of the Lord Jesus Christ, I take all power over hell and the enemy operating through (the person, place, or thing). I declare you can NO LONGER use them/it in any way whatsoever. I further command and release the hosts of heaven to go and pull down all the strongholds of darkness that are operating through (the person, place, or thing).

Thank You Lord that You gave me power over the enemy!

Blow the Trumpet for God's Love

My Father loves me. John 16:27.

He tells me that I am a special treasure to Him and that I am the apple of His eye. Exodus 19:5, Psalms 17:8 I look at the birds of the air. I see they do not sow or reap or store away in barns and yet my heavenly Father feeds them. He reminds me that I am much more valuable than they. Matthew 6:26-27. Every day the Father directs His love toward me and at night His song is with me. Psalms 42:8.

His love is even better than life itself and it causes me to speak of His glory. Psalms 63:3.

As a natural father is able to have compassion on his children, my heavenly Father has compassion on me. He understands my weaknesses and knows my makeup. Psalms 103:13-14. His love keeps me from the pit of destruction and He has put all of my sins behind His back. Isaiah 38:17

He tells me that He loves me with a love that can never end and that this great love draws me to Him with kindness. Jeremiah 31:3. My Father wanted to show me how much He loves me. So, before I knew Him and even while I was still walking in a place of sin, He sent Jesus to die for me. Rom 5:8. This great love, which is rich in mercy, made me alive with Christ, gave me eternal life and a life here on earth full of

encouragement and hope. Ephesians 2:3-5, 2
Thessalonians 2:16.

This is true love—not that I love Him, but that He loves me in such a lavish way that He actually calls me his child! 1 John 3:1, 1 John 4:10. I can love today only because He first loved me. 1 John 4:19

The Father's love for me is unfailing and it surrounds me because of trust in Him. Psalms 32:10-11. He has chosen me for Himself and always hears me when I call to Him. Psalms 4:3. My Father's love reaches to the heavens and His faithfulness reaches to the skies Psalms 36:5. He knows me so well that He even knows what I need before I ask Him. Matthew 6:8. And I know that if evil men know how to give good gifts to their children, how much more my Father in heaven gives good gifts to me when I ask Him. Matthew 7:10-12

He is my Father and I am His child. My spirit within me is not afraid, but cries, "Abba, Father" because I am His child and I will dwell in His house forever. Romans 8:15-17

Blow the Trumpet for Hope

I am blessed because I trust in the Lord and I have complete hope and confidence in Him. Psalms 17:7. This hope makes my heart glad, my tongue rejoice, and my body rest secure. Psalms 16:9. The eyes of the Lord are on those who fear him, on those whose hope is in His unfailing love. Psalms 33:18. I can be strong and take heart, because I hope in the Lord, Psalms 31:24, for I know that His love is unfailing and with Him I have full redemption. Psalms 130:7.

I have no need to be downcast and disturbed, because I have put my hope in God and I will praise Him. Psalms 43:5. I remind myself and say to myself, “The Lord is my portion, therefore I will wait for Him”. This gives me hope. Lamentations 3:21, 24.

I praise God and Father of our Lord Jesus Christ! In His great mercy He has given me a new birth into a living hope through the resurrection of Jesus Christ from the dead. 1 Peter 1:3. I put on faith and love as a breastplate, and the hope of salvation as a helmet. 1 Thessalonians 5:8 I am an encouragement to others who fear the Lord and they rejoice when they see that I have put my hope in His word. Psalms 119:74

I pray also that the eyes of people’s hearts may be enlightened in order that others may know the hope to which He has called them; the riches of His glorious

inheritance in the saints. Ephesians 1:18. And I am always prepared to give an answer to everyone who asks me to give a reason for the hope that I have. 1 Peter 3:15

Blow the Trumpet for Forgiveness

I am blessed because my transgression is forgiven and my sin is covered (Psalm 32:1).

Lord, You are forgiving, gracious and compassionate; slow to anger and abounding in lovingkindness (Nehemiah 9:17).

Jesus, I am so blessed that you poured out Your blood so that I could be forgiven and be given a better covenant than the world has ever known (Matthew 26:28). Because of Your great sacrifice, You are exalted to the right hand of the Father as a Prince and a Savior and you grant me forgiveness of my sins (Acts 5:31). In You, I have redemption through Your blood and forgiveness of my trespasses according to Your great riches of grace (Ephesians 1:7).

Because of Your great mercy, I am able to forgive others in the same way You forgave me (Matthew 6:12). As I receive forgiveness, I help others to forgive and lead them to truth about the love and forgiveness of Jesus. In this way I am a minister of reconciliation (2Corinthians 5:18).

As a blood bought believer in the Lord Jesus Christ, I am a partaker of His nature and assured of my salvation and I shall dwell in the house of the Lord forever (Psalm 23:6)

About the Author

Linda Mullen is a Bible teacher, speaker, and ordinary person. For many years she didn't pray with God, she simply complained to Him! Slowly she discovered that Jesus wanted to be more than a sounding board. Now prayer is not boring; it is fun and exciting.

Linda lives in San Diego County, where she continues to learn more about God and the secrets of prayer.

Linda is also an award-winning watercolorist.

You can view her work at www.lindamullen.com.